

We Can Do It Too!

Y Kids Triathlon

Swim
150-200 yds

Bike
1-3 miles

Run
.6-1.5 mile

Saturday, August 28, 2010

5:00pm Start Time

Limited registration

sign up NOW!!!

Carls Family YMCA

300 Family Dr.

Milford, Mi 48381

248-685-3020

Tri Clinic + Review

Saturday, August 14, 2010
2:00p-3:30p @ Carls Y

We Can Do It Too

Y Kids Triathlon
Registration Form

Tri Clinic + Review

Saturday, August 14, 2010
2:00p-3:30p @ Carls Y

Name _____ Age the day of the event _____

Address _____ City _____ State _____ Zip _____

Phone _____ Male ___ Female ___ Shirt Size (circle one) Youth S M L Adult S M L

At least one parent/guardian must be present for the duration of the event and accessible to the Race Director at all times. Volunteers will be needed. Please check box if you would like to volunteer. ()

Parent/Guardian Signature _____

Registration by 8/13/2010

- () **Individual** **\$35** () **2 Person Team** **\$20 per person**
() **3 Person Team** **\$15 per person** () **Tri Clinic & Review** **\$10 per person**

Awards for 1st, 2nd, & 3rd place for all age groups: 5-6, 7-8, 9-10, 11-12, 13-14.
After race nutrition & hydration provided for all participants.